

ASIAN BODY BUILDING & PHYSIQUE SPORTS FEDERATION

INDIAN BODY BUILDERS FEDERATION

Recognised by
MINISTRY OF YOUTH AFFAIRS AND SPORTS, SPORTS AUTHORITY OF INDIA

52nd ASIAN BODY BUILDING
AND PHYSIQUE SPORTS
CHAMPIONSHIP 2018

02nd- 08th OCTOBER 2018 @ PUNE, INDIA

INSPECTION REPORT



52nd ASIAN BODY BUILDING AND PHYSIQUE SPORTS CHAMPIONSHIP 2018

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MESSAGE FROM THE DESK OF ABBF - PRESIDENT

It is with great pleasure that as the newly elected President of ABBF, I pen this message for the 52nd Asian Bodybuilding and Physique Sports Championships to be held in the beautiful city of Pune, Maharashtra, State of the Republic of India from 2nd to 8th October 2018.

Bodybuilding in Asia has never been more popular. This is mainly due to the dedicated, devoted and hard working people that constitute the Executive of the Asian Bodybuilding and Physique Sports Federation with whom I have been associated with for the past forty over years.

Special thanks are of course extended to Shri Premchand Degra (President IBBF), Mr. Chetan Pathare (General Secretary IBBF), Mr Madhukar Talwalkar and Mr. Vikram Rothe and the entire team of the Indian Body Builders Federation.

Mr. Chetan Pathare's dedication played a vital role in the development of bodybuilding in India, and I am very proud of the work he has contributed to our sport. The warmth and kindness of the Indian people has inspired me tremendously and this is the reason why we strongly supported the Indian Body Builders Federation (IBBF) bid in hosting the 52nd Asian Bodybuilding and Physique Sports Championships in Pune, India.

I wish the Indian athletes continued great success, and I also wish the Indian people the bounties of God's goodness, so your country may continue to grow and expand.

Datuk Paul Chua

President, Asian Bodybuilding & Physique Sports Federation (ABBF)

Secretary-General, World Bodybuilding & Physique Sports Federation (WBPF)



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MESSAGE FROM THE DESK OF ABBF - SECRETARY GENERAL

Dear Executive Members, Brothers and Sisters of the ABBF

I was elected as the Secretary-General of the Asian Bodybuilding and Physique Sports Federation (ABBF) this year in early March 2018. To take over from the man Datuk Paul Chua who served as the Secretary-General for 40 years, it is an enormous task and I hope to be able to fulfill and carry on his legacy in the coming years. I wish to thank the Executive Council for having confidence in me to lead this federation.

I did the Inspection of the venue of the hotel and the competition hall in Pune together with President Datuk Paul Chua and Ms. Christina Y. Kam, Chairman of the Judges' Committee in April this year, and I am very pleased that all requirements are up to standard required by our rules.

All credits goes to the Executive Committee of the Indian Body Builders Federation (IBBF) for hosting this year's 52nd Asian Bodybuilding and Physique Sports Championships in Pune from 2-8 October 2018. I would fail in my duty if I do not single out Mr. Chetan Pathare for his zeal and vigor and for making his tremendous dedication to the promotion of our sport in the Republic of India.

With fine team work this prestigious event in Pune, India will be a great success and will serve the youth of India and Asia. Bodybuilding and Physique sports are not body destruction sports but it helps to build a healthy strong mind in a healthy strong body.

Sugree Supawarikul

Secretary General - Asian Bodybuilding & Physique Sports Federation (ABBF),
Joint Secretary - World Bodybuilding & Physique Sports Federation (WBPF)



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MESSAGE FROM THE DESK OF IBBF - PRESIDENT

Dear participants, organizers and the officials coming to the historic city of Pune and the Executive Council Members of ABBF and the IBBF this is a proud occasion for all of us on board to celebrate the Asian Championship of our sport bodybuilding in the historic and beautiful city of Pune.

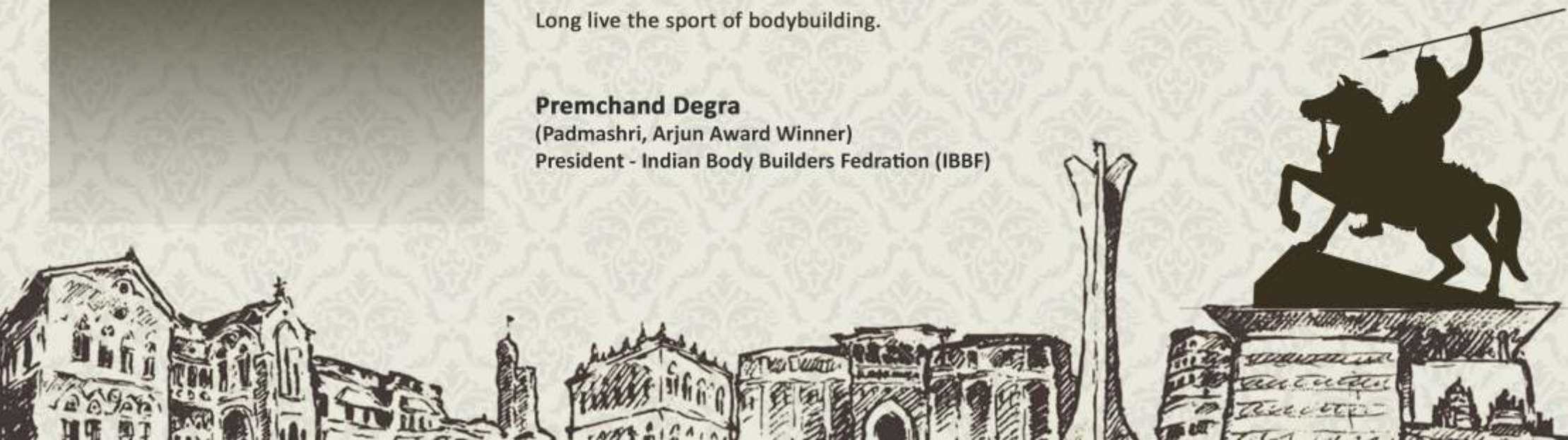
2018 October, the India shall witness the biggest event of bodybuilding in the Asia to be participated by over 30 Asian countries from bodybuilders to officials and supporters making this event an historical event and the fame of this great event across the world.

I am very grateful towards Datuk Paul Chua, Secretary General, WBPF & President, ABBF, Mr Sugree Supawarikul, Secretary General ABBF and Ms. Christina Y. Kam, Chairman of the Judges' Committee, for granting IBBF nesecery permission to organized this most prestigious championship.

I also salute the organizing spirit of the young and dynamic Chetan Pathare, the General Secretary of IBBF, Secretary General of SABFF, Asst Secretary of the WBPF & ABBF for his untiring and devoted work along with the team of the Indian Body Builders Federation whom I am sure will make this championship a grand success.

Long live the sport of bodybuilding.

Premchand Degra
(Padmashri, Arjun Award Winner)
President - Indian Body Builders Fedration (IBBF)



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MESSAGE FROM THE DESK OF IBBF - GENERAL SECRETARY

A Warm Welcome to One and All.

It gives me immense pleasure to welcome you all on the occasion of the 52nd Asian Body Building & Physique Sports Championship, 2018 which is to be held on and from 2nd to 8th October, 2018 at Pune, India. This is going to be the mega Body Building and Fitness festival in India as more than 30 countries, 400 participants and 200 officials will participate with best of their performances to win the most prestigious title of the year.

I am very grateful towards Mr. Datuk Paul Chua, Secretary General - WBPF, President - ABBF, Mr. Sugree Supawarikul, Secretary General - ABBF & Ms. Christina Y. Cam, Chairman of the Judge's committee, for the trust & confidence entrusted in me.

Staging a championship of this magnitude requires tremendous organisational ability, time and technical know-how. I am more than confident as the most dedicated and devoted team of IBBF under the guidance of Mr. Premchand Degra, President IBBF, Mr. Madhukar Talwalkar, Executive Vice President IBBF & Adv. Vikram Rothe, Legal Adviser IBBF shall leave no stone unturned to make this Championship the most remarkable in the history of body building. We ensure a very enjoyable and a life time experience.

On this note, I wish to invite each and every athlete, officials and specially Executive Committee Members of the Asian Body Building and Physique Sports Federation to be present and witness this Championship.

Chetan M Pathare

General Secretary – Indian Body Builders Federation (IBBF)

Secretary General – South Asian Body Building and Fitness Federation

Asst. Secretary - Asian Bodybuilding & Physique Sports Federation (ABBF)

Asst. Secretary General - World Bodybuilding & Physique Sports Federation (WBPF)



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HOST CITY

Pune, formerly spelled Poona (1857-1978), is the second largest city in the Indian state of Maharashtra after Mumbai. It is the ninth most populous city in the country with an estimated population of 3.13 million. Along with its industrial twin Pimpri-Chinchwad as well as the three cantonment areas of Pune, Khadki and Dehu Road, Pune forms the urban core of the eponymous Pune Metropolitan Region. According to the 2011 census, the urban area has a combined population of 5.05 million while the population of the metropolitan region is estimated at 7.27 million. Situated 560 metres (1,837 feet) above sea level on the Deccan plateau on the right bank of the Mutha river, Pune is also the administrative headquarters of its namesake district. In the 18th century, the city was the seat of the Peshwas, the prime ministers of the Maratha Empire and hence, one of the most important political centers on the Indian subcontinent.

Considered to be the cultural capital of Maharashtra, Pune is known as "Oxford of the East" due to the presence of several well-known educational institutions. The city has emerged as a major educational hub in recent decades, with nearly half of the total international students in the country studying in Pune. Since the 1950s and 1960s, Pune has had a traditional old-economic base as most of the old industries continue to grow. The city is known for its manufacturing and automobile industries, as well as for research institutes of information technology (IT), education, management and training, which attracts students and professionals from India, Southeast Asia, the Middle East and Africa.[citation needed] Several colleges in Pune have student-exchange programs with colleges in Europe. The game of Badminton was developed in Pune and the game's earlier name was Poona.



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HOTEL & ACCOMODATION

To Athlete, Officials, Delegates & Supporters





Located on the Pune-Bangalore Highway, The Orchid Hotel, Pune is one of the best 5-star hotels in Pune. It is a part of The Orchid Group - whose hallmark is Eco friendliness that also exudes luxury. Away from all the hustle and bustle of the busy city of Pune, The hotel is located right Next to Balewadi Stadium (Chatrapati Shivaji Stadium) and is Near Hinjwadi Tech Park and near other IT and software hubs in Pune. Most Volvo buses from Mumbai also stop at The Orchid Hotel Pune, making it a perfect place to stay for your weekend getaway to Pune.


Sprawled across six acres of stunning landscaped gardens, The Orchid Hotel, Pune, is host to an assortment of world-class conference rooms, banquet halls, and outdoor lawns for events. The 5 star hotel, an instantly recognizable building on the Pune-Bangalore highway, is adjacent to Balewadi Sports complex - Pune's only International Sports Complex.

THE ORCHID HOTEL PUNE

Pune Bangalore Road, Near Balewadi Sports Complex, Balewadi, Pune 411045.

 <http://www.orchidhotel.com/pune/>

 resv@orchidhotelpune.com

 +91 20679 14040

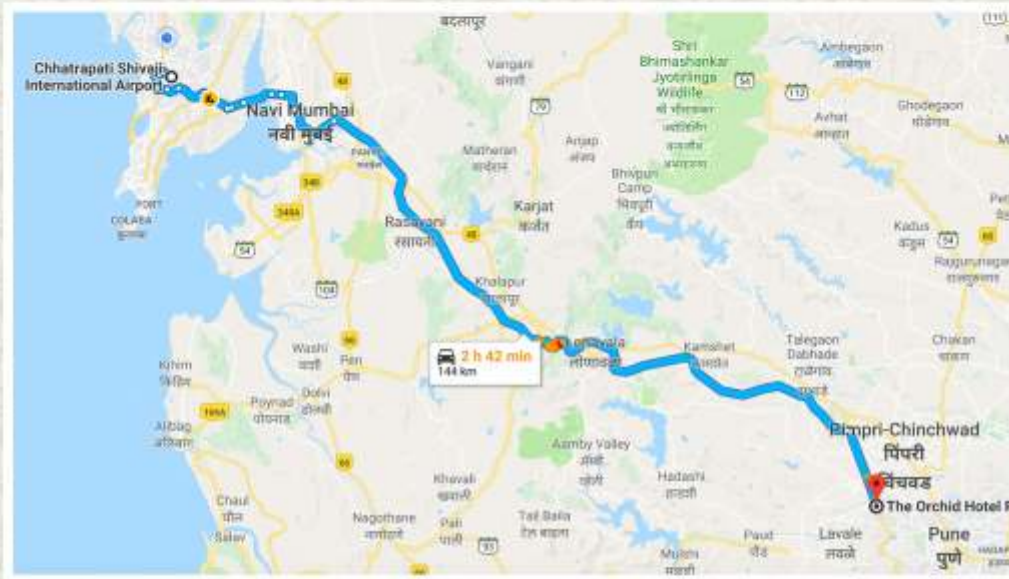


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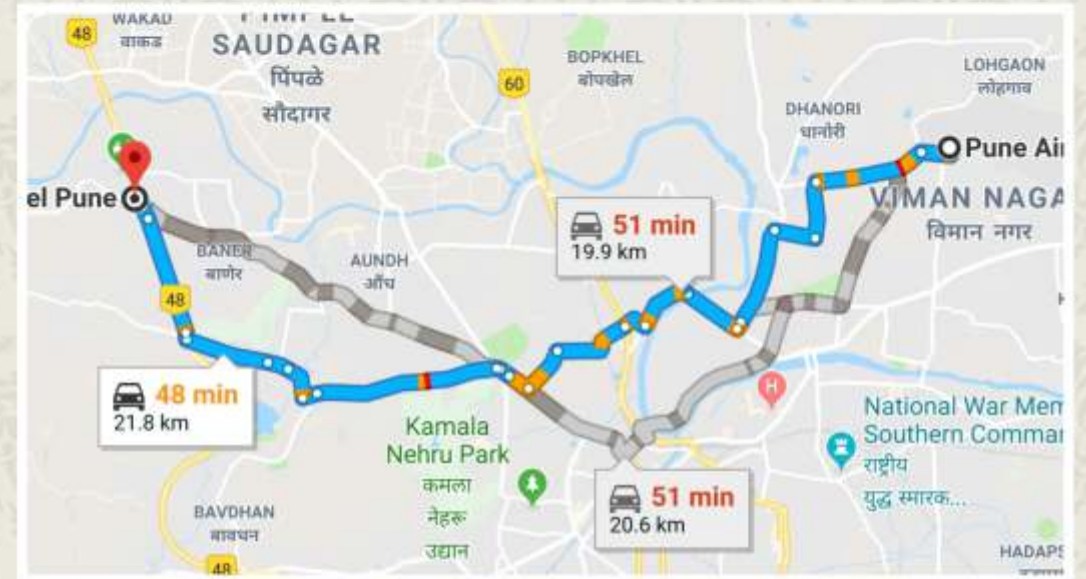
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WAY TO HOTEL From Mumbai & Pune Airport



**CHHATRAPATI SHIVAJI INTERNATIONAL AIRPORT
TO THE ORCHID HOTEL PUNE**
2 h 42 min (144 km)



**PUNE AIRPORT INTERNATIONAL AIRPORT
TO THE ORCHID HOTEL PUNE**
48 min (21.8 km)



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SHREE SHIV CHHATRAPATI SPORTS COMPLEX STADIUM Balewadi, National Games Park, Mahalunge, Pune

BADMINTON COURT

- Entry and exit points
- ▲ Decision points
Considering the fact that there are many cross roads along with several destinations, there was a need to have enough number of signages at the important junctions
- ★ Orientation maps
Orientation maps are strategically placed at locations where the crowd is more or tends to halt
- Building entry points
These points play a key role in determining the decision points



- 1 Gun for Glory
- 2 Lake
- 3 Fitness Centre
- 4 Velodrome
- 5 Kho-kho ground
- 6 Kabaddi ground
- 7 Swimming pools
- 8 Boxing Stadium
- 9 Wrestling
- 10 Hockey
- 11 Badminton court
- 12 Tennis Court
- 13 Table Tennis stadium
- 14 Parking
- 15 Football stadium
- 16 Warm-up track
- 17 Sports science center
- 18 Girls Hostel
- 19 Boys Hostel
- 20 Circle of youth
- 21 Weightlifting hall
- 22 Admin and cafeteria
- 23 Parking



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HOTEL SECURITY DEPOSIT

IMPORTANT NOTICE

Additional days or meals must be paid individually and has to be requested in advance. Room reservation must be sent through the office of your National Federation and should be copied to the ABBF Secretariat(abbf.secretary@yahoo.com) and the General Secretary (ibbf_mumbai@yahoo.in) well before the above mentioned deadline, which is 02nd Aug 2018 Only these reservations will be accepted and registered.

EXTRA OFFICIALS

Any judges, coaches or trainers who are not official participants (Athletes or Delegates) will be responsible for all of their own expenses.

Only those Athletes, Judge's, Official's, Delegates, Suppoters whos names are recomended by their respective National Federation will only be allowed to participate in the championship.

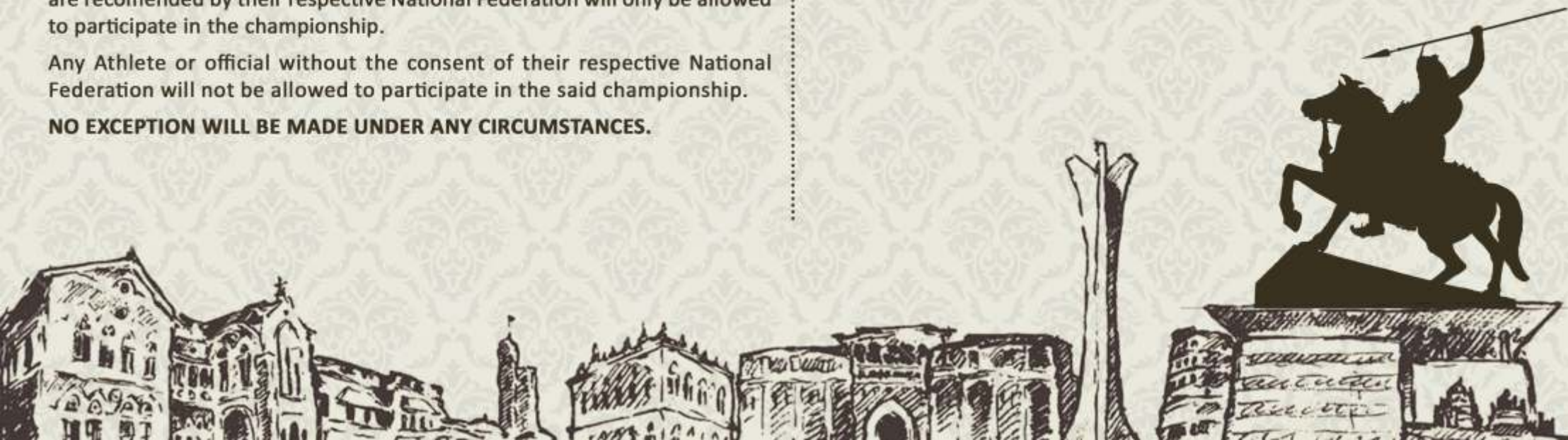
Any Athlete or official without the consent of their respective National Federation will not be allowed to participate in the said championship.

NO EXCEPTION WILL BE MADE UNDER ANY CIRCUMSTANCES.

A hotel security deposit of Min 100 US Dollars & Max 500 US Dollars per team is required upon check-in for incidental and personal expenses that may arise (telephone, minibar, laundry, room services etc.) The unused portion of this deposit will be refunded at check-out. In order to facilitate matters, the Chief Delegate or Team Manager will be asked to provide a Credit Card or Cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any members of his or her team.

IMPORTANT NOTICE

Please advise your team before departure not to incur additional expenses.



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REGISTRATION FEES

OFFICIAL AND ATHLETES REGISTRATION FEES

The total amount is 720 USD for each person for the duration of 6 nights stay in a twin bedded sharing room. We have package price only.

This fee includes hotel accommodation, 3 meals per day, shuttle to and from airport to hotel and to competition venue and farewell party.

The price of the double rooms (720 USD/6 nights per person x 2 persons = 1440.00 USD).

Single room price 1000 USD/6 days. These prices are available for the officials and delegates as well.

ABBF EXECUTIVE COMMITTEE

ABBF Executive Committee members are exempted from paying the Registration Fees, including Patrons and Honorary Life Members. ABBF Executive Committee Members are allowed to be accompanied by their spouse only. Their accommodation, Meals, etc. are on gratis.

Standing Committee Members with the exception of the chairman & secretary of each sub committee may have to share a twin sharing room. If a sub committee member request a single room, he/she must pay the difference of 250.00 USD for a single room for the duration of 6 nights.

PLS NOTE : All the athlete, Judges. Officials, Delegate's & Supporters taking part in this championship will have to stay in the official hotel by paying the requisite registration fees of 720 US Dollars per Person for twin sharing room for 6 night.

EXTRA DELEGATES, OFFICIALS AND SUPPORTERS

All extra delegates, extra officials, family and supporters are required to pay as follows for accommodation:

SINGLE ROOM : 1000 USD per person Cash payment

TWIN SHARING ROOM : 720 USD (6 nights twin bedded sharing room.)

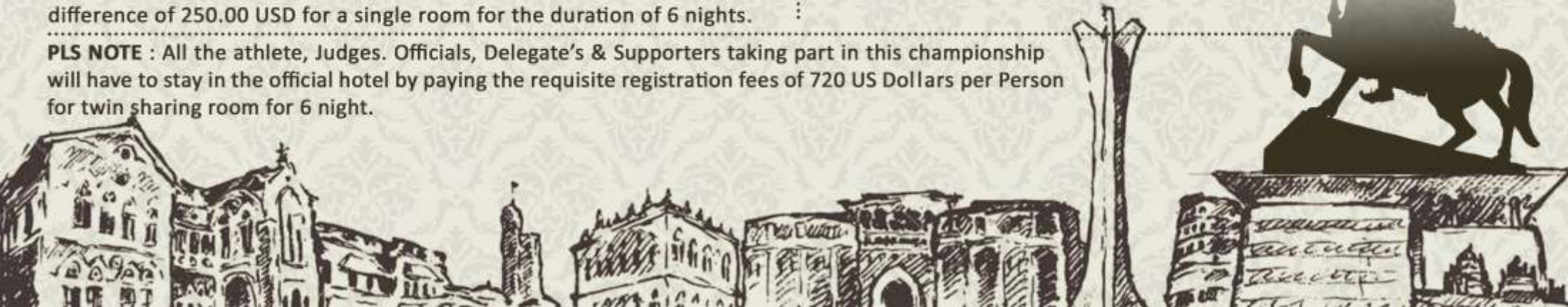
The above charges include airport transfers, 3 meals and farewell party, 6 nights hotel accommodation, Invitee Pass for the Pre-judging and Finals.

EARLY ARRIVALS AND LATE DEPARTURES

Any team or officials arriving early or departing late are required to pay for the extra days per night for a

•Standard double or twin room 120 USD each day Inclusive only of breakfast.

Meals on your own, this is excluded on the rate quoted to you.



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PAYMENTS

Only cash payments in USD-United States Dollars or Indian Rupees [One Dollar = 66.00 Rupees Approx.] will be accepted for Registration Fees.

You may use Credit Card payment in large departmental stores. It is to be noted by the Guests that Indian Malls/Departmental stores/Chemists are not having facility of accepting US Dollars. The Secretariat may arrange for the Currency Exchange depending on the availability.

The rate of exchange may differ at the time of Registration

WEIGH-IN AND REGISTRATION

Registration for athletes and Weigh-in will take place at the Hotel Orchid, on **03rd October, 2018 @ 03:00PM**. It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay all of his own expenses.

JUDGES

In order to assist the ABBF Judges Committee in their selection of judges for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than 15th Aug 2018. Judges must possess an International/Continental recognized judges card and must produce to the Judges Committee at Pune. Please send the nomination to Ms.Christina Y. Kam (abbf.adm@hotmail.com) and c.c. to the ABBF President at wbpsecretary@yahoo.com and General Secretary of IBBF ibbf_mumbai@yahoo.com for record purpose.

SECRETARIAT

The Organizing Committee will maintain a Secretariat at the Reception of the Hotel from 8.00 AM to 11.00 PM from 01st October – 08th October, 2018. You may obtain information and assistance from the Secretariat.

Kindly nominate the name of your judges in advance; last minute submission will be rejected. All judges should use a grey suit with the official logo of ABBF / WBPf and female judges with grey blazer with grey skirt or dress pants.

JUDGES COMMITTEE CHAIRMAN DETAILS

MS. CHRISTINA Y. KAM
abbf.adm@hotmail.com



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IMPORTANT NOTICE

- Each athlete must bring his/her passport and posing music to the weigh-in and registration, failing which the athlete weigh-in will not be processed.
- No G-string bikinis are allowed. An athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the pre-judging and finals at the weigh-in area. The bikinis will be stamped with a marker as an approval by the Judges Committee.
- During the weigh-in, all female athletes should be properly dressed. NO PYJAMAS OR NIGHT GOWNS are allowed. This is to protect the image of our sport in the event press or VIPs were to be present during the weigh-in, it will put our sport in an awkward position. Please use track suits or a decent dress/jeans.
- At the parade of the nations, if you were to allocate female athletes, she should also appear in a track suit and not in bikini.
- All female athletes are to be reminded that they are participating in a sporting event and not in entertainment venues like night clubs, therefore, we should ask the women to change their behaviour when they come on to the stage in the "walk-in" wiggling their rear ends or looking back into the audience when they stand in the quarter turn facing the back of the stage and stretching out their butt and winking at the judges and the audience. This is not a sport presentation and it will be seen as sexual harassment to the public.



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NATIONAL ANTHEM/NATIONAL FLAG

a. You must provide Two(2) National Flags of your country. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters.

b. You must also provide your National Anthem (shortened version) on CD. Video or cassette not acceptable.

POSING MUSIC

Posing music must be on CD and produced with good quality. The music should be cued from the start of the CD. Each competitor must affix his/her name on the CD for easy identification.

The USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED.

PRELIMINARY ENTRY AND FINAL ENTRY

Please co-operate and submit your entry forms in time as per the closing dates shown in the forms which are as follows :-

Preliminary entry form not later then 16 Jul 2018

Final entry form not later then 16th Aug 2018.

You are kindly requested to c.c.one copy to the ABBF Secretariat by email at abbf.secretary@yahoo.com And ibbf_mumbai@yahoo.in.



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FAILURE TO HONOUR FINAL ENTRY FORM DEADLINE.

Deadlines are set to assist the Organizer with arranging accommodations, meal, onsite transportation and other Championships activities. A failure to respect these deadlines is a breach of the ABBF rules. If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Pre-judging, Finals and Farewell Banquet.

MEDICAL WITHDRAWAL

Once officially registered, no Athlete may withdraw from competition, without the prior approval of the ABBF Judges Chairman, who has the right to verify the reason for the withdrawal. Any National Federation that fails to seek the prior approval of the ABBF Judges Chairman before withdrawing an athlete shall be fine an amount equal to the Special Package Rate.

ATTENDANCE AT THE ABBF CONGRESS

All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the congress.

ATHLETES WITHOUT DELEGATES

All athletes competing at ABBF Championships must be members in good standing of their National Federations. Any athlete who arrives without a delegate must carry an official letter of Authorization of Participation from his/her National Federation, failing which the athletes will not be eligible to participate.

MISREPRESENTATION

Misrepresentation is a serious breach of the ABBF Code of Ethics and occurs when an "Official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, and access to the prejudging, Finals and farewell Banquet, and other amenities at the expense of the organizer. Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called athlete fail to officially register as a competitor at the Weigh-In or, once having officially.



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VISA

Please take a note that the Indian Body Builders Federation will not be providing landed visa, hence consult the Indian Embassy in your country to determine if you need a visa. Upon request an official invitation letter shall be signed and issued by the IBBF. It is to be noted that the Visa Administration process differs from country to country and hence kindly apply well in advance. If you need any help for visa administration, please send the scanned copy of your passport to ABBF and IBBF and please ensure that is valid more than 6 months.

Last minute request will not be entertained by the IBBF.

(Courier charges for the official IBBF Invitation letter will be levied upon the invitee country and at the time of registration will be charged with the registration fees)

LANGUAGE

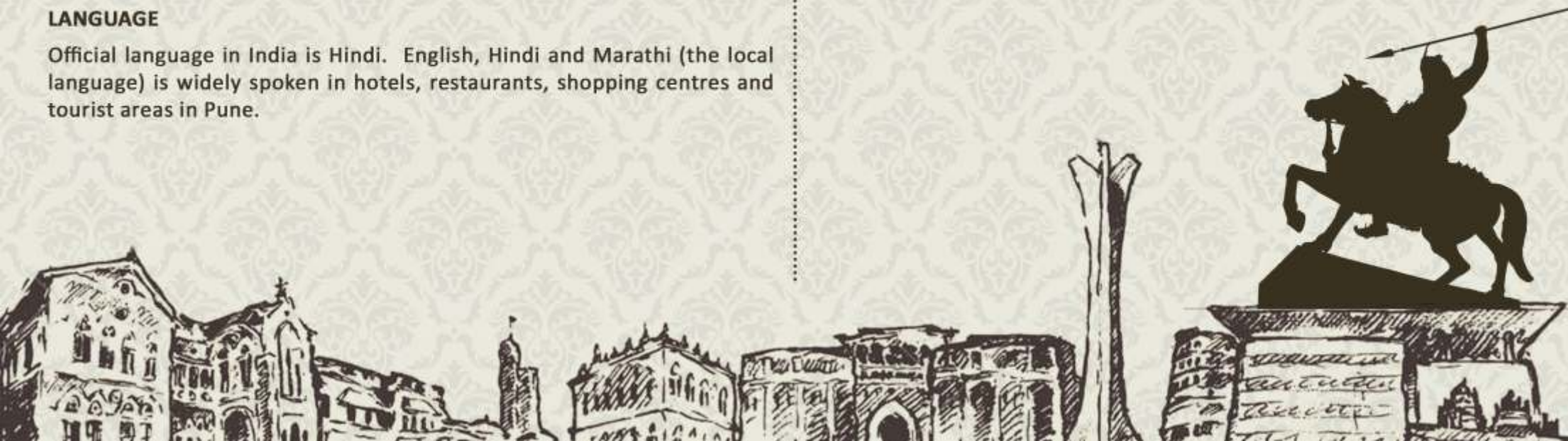
Official language in India is Hindi. English, Hindi and Marathi (the local language) is widely spoken in hotels, restaurants, shopping centres and tourist areas in Pune.

ELECTRICAL CURRENT

The electrical current is 220 voltage.

DOPING

Doping will be conducted by the ABBF Anti-Doping Committee in collaboration with National Anti-Doping Agency (NADA), New Delhi.



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NATIONAL ANTHEM/NATIONAL FLAG

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- You must also provide your National Anthem (shortened version) on CD. Video or cassette not acceptable.

POSING MUSIC

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PARTICIPATION RULES

- a. Country with less than Two (2) Competitors – Only one (1) Official will be allowed to pay the official registration fee
- b. Country with Three (3) and above competitors – Two (2) Officials will be allowed to pay the official registration fee
- c. Country participating with woman athletes may send One (1) extra female official and she need to pay only the official registration fee
- d. Official or any other guests requesting for a single room have to pay the differences levied by the organizer based on the supporters rates published herein.
- e. One judge per country will be allowed on gratis (No registration fee to pay) however, the judge must share a twin bed room with other judges or officials.
- f. However, country participating with woman athlete may send 1 (one) extra female judge and no need to pay the registration fee as well.
- g. If more than 2 (two) judge is nominated, he or she has to pay the registration fee, however, a country will be limited to enter two extra judges only, including one female judge to enjoy this privilege on sharing twin room. Maximum number of judges should be 3 (three) only. All other extra judges will have to pay the supporters fee in full.

IMPORTANT NOTICE

A country that exceeds the above quota will have to pay for their official and supporters fees.



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CHAMPIONSHIP CATEGORIES BODYBUILDING

MENS

WOMENS

MENS			WOMENS	
JUNIOR	SENIOR	MASTER	SENIOR	LADIES
a) Up to 75 Kg.	a) Up to 55 Kg.	40 – 49 years old:	a) Up to 55 kg	Over 30 yrs - one open category
b) Over 75 Kg.	b) Up to 60 Kg.	a) Up to 80 Kg.	b) Over 55 kg	
	c) Up to 65 Kg.	b) Over 80 Kg.		
	d) Up to 70 Kg.			
	e) Up to 75 Kg.	50 - 60 years old:		
	f) Up to 80 Kg.	a) Up to 80 Kg.		
	g) Up to 85 Kg.	b) Over 80 Kg.		
	h) Up to 90 Kg.			
	i) Up to 100 Kg.	Over 60 years		
	j) Over 100 Kg.	a) One open category		
	k) Mr. ASIA Overall			



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CHAMPIONSHIP CATEGORIES WOMENS

FITNESS PHYSIQUE

JUNIOR

- a) 21 yrs and below
- one open category

SENIOR

- a) Up to 165 cm
- b) Over 165 cm

ATHLETIC PHYSIQUE

SENIOR

- a) Up to 165 cm
- b) Over 165 cm

LADIES

- a) 30 - 40 yrs. one open category
- b) Over 40 yrs. one open category

SPORT PHYSIQUE

SENIOR

- a) Up to 165 cm
- b) Over 165 cm

LADIES

- a) 30 - 40 yrs. one open category
- b) Over 40 yrs'

JUNIOR

- 21 yrs and under - one open category

MODEL PHYSIQUE

SENIOR

- a) Up to 155 cm
- b) Up to 160 cm
- c) Up to 165 cm
- d) Up to 170 cm
- e) Over 170 cm

LADIES

- a) 30 - 40 yrs. one open category
- b) Over 40 yrs. one open category



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CHAMPIONSHIP CATEGORIES MENS

FITNESS PHYSIQUE	ATHLETIC PHYSIQUE	SPORT PHYSIQUE
a) Up to 170 cm/0 kg	a) Up to 160cm + 2 kg.	a) Up to 170 cm - 2 kg
b) Over 170 cm/+2 kg	b) Up to 167cm + 4 kg	b) Up to 175 cm/ 0 kg
	c) Up to 175cm + 6 kg	c) Up to 180 cm + 2 kg
	d) Up to 182cm + 8 kg	d) Over 180 cm + 4 kg
	e) Over 182cm + 10 kg	

MIXED PAIRS	PARA BODY BUILDING
One open category	One open category



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EVENT FLOW

2 ND OCTOBER, 2018: TUESDAY

Arrival of the Executive Committee Members of ABBF, all participating teams, judges, officials together with ABBF Standing Sub-Committee members.

02.00 PM Onwords : Check-in in the respective Hotel ORCHID, PUNE

7.00 PM - 10.00 PM: Welcome Party for all the Executive Committee Members of ABBF, all participating teams, judges, officials together with ABBF Standing Sub-Committee members.

3 RD OCTOBER, 2018: WEDNESDAY

4.00 PM: ABBF Executive Council Meeting

4 TH OCTOBER, 2018: THURSDAY

09:00 AM - 10:00 AM: Team Managers Meeting

10:00 AM - 11:00 AM: Judges Meeting

11.30 AM - 02:00 PM: ABBF Annual Congress

04.00PM - Onwords: Weigh In of all Body Weight Categories and Height Measurements and Checking of Age Groups at the Hotel ORCHID

5 TH OCTOBER, 2018: FRIDAY

08.30 AM - Onwords: Buses will depart from Hotel to the championship venue.

09.00 AM - 06.00 PM: OPENING CEREMONY and commencement of the Pre-judging and finals.

6 TH OCTOBER, 2018: SATURDAY

08.30 AM - Onword: Buses will depart from Hotel to the championship venue

09.00 AM - 06.00 PM: Pre-judging and finals.

7 TH OCTOBER, 2018: SUNDAY

08.30 AM - Onwords: Buses will depart from Hotel to the championship venue

09.00 AM - Onwords: Pre-judging.

04.00 PM - Onwords: Closing Ceremony & Final Prize Distribution

09.00 PM - Onwords: Farewell Party

8 TH OCTOBER, 2018: MONDAY

10.00 AM - Onwords: Check out

Departure for all invitees.



52 ASIAN BODY BUILDING AND PHYSIQUE SPORTS CHAMPIONSHIP 2018

02nd- 08th OCTOBER @ PUNE, INDIA



PARTICIPATING COUNTRIES



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IBBF COMMITTEE



PRESIDENT
PREMCHAND DEGRA
Padmashri, Arjun Award Winner



EXECUTIVE VICE PRESIDENT
MADHUKAR TALWALKAR



GENERAL SECRETARY
CHETAN M. PATHARE



CHAIRMAN ORGANISING COMM
ANIKET TATKARE
Hon'ble MLC



TREASURER
SWAMY RAMESH



LEGAL ADVISOR
ADV. VIKRAM ROTHE
Legal Advisor of ABBF & WBPF

VICE PRESIDENT
AMIT SWAMI
SURENDER SHARMA
ARVIND MADHOK
LESLIE JOHN PETER
VINOD SHARMA

ASSOCIATE SECRETARY
MAHESH CHAUDHARY
ATIN TIWARI

ORGANISING SECRETARY
T V PAULY *Arjun Award Winner*
NAVNEET SINGH
BHABHAJYOTI GOSWAMI
AJIT V SIDDANAVAR

MEMBER
PRASANNA MAHASUAR
NONGMEIKAPAM RATAN SINGH

WOMEN'S COMMITTEE
TULSI SUJAN

LEGAL ADVISOR
ADV. RAKESH KOSAMKAR



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